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A novel microtubule-modulating agent induces mitochondrially driven caspase-dependent apoptosis via mitotic checkpoint activation in human prostate cancer cells

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ABSTRACT

Hormone-refractory prostate cancer, its skeletal metastasis and complications remain a therapeutic challenge. Here we show that treatment with (S)-3-((R)-9-bromo-4-methoxy-6-methyl-5,6,7,8-tetrahydro-[1,3]dioxolo[4,5-g]isoquinolin-5-yl)-6,7-dimethoxyiso-benzofuran-1(3H)-one (EM011), the brominated analogue of a plant-derived non-toxic antitussive alkaloid, noscapine, achieved significant inhibition of hormone-refractory human prostate cancer implanted intratibially in the bone as shown by non-invasive, real-time bioluminescent imaging of tumour growth in nude mice. Mechanistically, *in vitro* data suggested that the antiproliferative and proapoptotic effects of EM011 in human prostate cancer cell lines were through blockade of cell-cycle progression by impairing the formation of a bipolar spindle apparatus. The G2/M arrest was accompanied by activation of the mitotic checkpoint, a pre-requisite for induction of optimal apoptosis. Attenuation of mitotic checkpoint by siRNA duplexes led to a reduction in mitotic arrest and subsequent apoptosis. Our results further demonstrated participation of an intrinsic mitochondrially mediated apoptotic pathway that ultimately triggered caspase-driven EM011-induced apoptosis. EM011 did not exert any detectable toxicity in normal tissues with frequently dividing cells such as the gut and bone marrow. Thus, these data warrant further evaluation of EM011 for the management of prostate cancer.

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1. Introduction

Prostate cancer is the second leading cause of cancer death in men with African-Americans being 65% more likely to be

diagnosed than Caucasian-Americans or Hispanic men.^{1,2} An overwhelming majority (~90%) of prostate cancer deaths occur in patients with skeletal metastases, particularly in bones.³ Despite improved diagnosis and early treatment

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(surgery and anti-androgen therapies), the successful therapy of prostate cancer remains a challenge.^{4,5} Androgen-deprivation is regarded as the optimum first-line chemotherapeutic treatment for recurrent prostate cancer for patients who progress to systemic disease, or less commonly for those who initially present with advanced disease.^{6,7} Unfortunately, androgen-ablative therapy is only palliative, as tumours almost inevitably become refractory to anti-androgens within 6 months to 2 years.^{8,9} Chemotherapy of this hormone-refractory disease thus has been an intense area of investigation over the last few decades. Although recent studies of docetaxel-based chemotherapy in men with androgen-independent prostate cancer have indicated survival benefits for the first time, serious systemic taxane toxicities such as peripheral neuropathy, gastrointestinal toxicity, and immunosuppression have been encountered owing to their non-selective action and over polymerising effects on microtubules.^{10–13} Nevertheless, these studies yield promising possibilities for targeting microtubules and in turn, tubulin, which composes the microtubules, as a viable strategy for the therapeutic development of agents for the management of hormone-refractory prostate cancer.¹⁴

Noscapinoids are an emerging class of microtubule-modulating anticancer agents based upon the founding molecule, noscapine. Noscapine, a naturally-occurring plant alkaloid with known antitussive function was recently discovered for its tubulin-binding anticancer property.¹⁵ Continued efforts directed towards rational drug-design have resulted in the synthesis of several more potent noscapine analogues with superior pharmacologic and toxicity profiles.^{16–24} Owing to their favorable non-toxic nature and unique mechanism of action, noscapine and its analogues have been extensively studied for their chemotherapeutic efficacy in several preclinical models by various laboratories all over the world.^{25–29} Recently, the parent molecule noscapine was shown to demonstrate effective antitumour activity in human non-small cell lung cancer xenograft models.³⁰ The brominated noscapine, EM011, has been reported to have superior bioavailability and higher anticancer efficacy than the parent, while retaining the non-toxic attributes of the parent molecule, noscapine.^{17,18,21,31,32} Although we have previously reported the therapeutic effectiveness of EM011 in human breast and drug-resistant lymphoma xenograft models,^{17,18,21} we asked if other cancer types also responded to a similar extent upon EM011 treatment. Since prostate cancers represent a biologically complex heterogeneous state, we wished to examine the potential usefulness of EM011 in the treatment of prostate cancer.

Employing a non-invasive bioluminescent assay of tumor measurement in real-time, here we show that EM011 inhibits intratibial xenografts of hormone-independent human prostate cancer in nude mice without any detectable toxicity. Essentially, EM011 halts cell-cycle progression by induction of an aberrant multipolar mitosis with an activated mitotic checkpoint characterised by recruitment of spindle-assembly checkpoint proteins such as BubR1 and Mad2. It appears that this activation of the spindle-assembly checkpoint is necessary for the robust induction of apoptosis in prostate cancer cells. Apoptosis was characterised by a collapse of mitochondrial transmembrane potential and alteration of expression

levels of Bcl2 family members followed by an activation of the executioner-caspase machinery. These data elucidate an intrinsic mitochondrially driven, caspase-dependent mechanism of apoptotic cell death in hormone-independent PC-3 prostate cancer cells. In addition, induction of *in vivo* apoptosis as evident by TUNEL staining was perhaps responsible for tumor inhibition in response to EM011 treatment. Thus, these data suggest that EM011 is an attractive chemotherapeutic agent for the management of hormone-refractory human prostate cancer.

2. Materials and methods

2.1. Cell lines, reagents and chemicals

Hormone-independent human prostate cancer cell lines (C4-2, C4-2B, PC-3) and a hormone-sensitive line, LNCaP, were maintained in T-medium (Invitrogen, Carlsbad, CA) supplemented with 10% FBS. PrEC normal human prostate epithelial cells were obtained from Clonetics (San Diego, CA) and were maintained in the PrEGM medium (Clonetics). Luciferase-tagged PC-3 cells (PC-3-luc) were prepared by stably transfecting and selecting cells containing firefly luciferase cDNA under control of a CMV-promoter. The brominated analogue of noscapine, EM011 was prepared as described previously.^{16,19} EM011 was dissolved in dimethylsulfoxide (DMSO, vehicle) and stored as 10 mM and 100 mM stock solutions at –20 °C until use.

2.2. Mad2 and BubR1 siRNA

Mad2, BubR1, and luciferase siRNAs (21-nucleotide duplexes) were designed to target Mad2 sequence 5'-ACCTTTACTCGA GTGCAGA-3', BubR1 sequence 5'-CAATACTCTTCAGCAGCAG-3', and luciferase sequence 5'-CGTACGCGGAATACTTCGA-3', respectively. The siRNAs were synthesised by Dharmacon and transfected in cells with Lipofectamine-2000 reagent following manufacturer's instruction.

2.3. In vitro cell proliferation assay

PC-3, LNCaP, C4-2 and C4-2B cells were seeded in 96-well formats and treated the next day with increasing concentrations (0.01–1000 μ M) of EM011. At 72 h post-treatment, cells were fixed and stained with 0.4% sulforhodamine B (SRB), which measures cell density by binding to cellular proteins.³³ Percentage of cell survival as a function of drug concentration was then plotted to determine the IC₅₀ value (drug concentration needed to prevent cell proliferation by 50%).

2.4. Cell-cycle analysis and immunofluorescence microscopy

Cells were seeded in culture dishes and grown until 70% confluence. The medium was then replaced with new medium containing either vehicle (0.1% DMSO) or 25 μ M EM011 for 24, 48 and 72 h. After the incubation period, cells were fixed in 70% ethanol overnight followed by staining with propidium iodide (PI) solution containing RNase A for 45 min in dark. Samples were then analysed on a FACSCalibur flow-cytometer

(Beckman Coulter Inc., Fullerton, CA). For confocal immunofluorescence microscopy, cells were grown on coverslips, drug-treated and processed as described earlier.¹⁶

2.5. Determination of mitochondrial transmembrane potential

The ampholytic cationic fluorescent probe DiOC₆(3) was used to monitor the EM011-induced changes in the mitochondrial transmembrane potential. Briefly, PC-3 cells were seeded at a density of 10⁶ and treated for 0, 24, 48 and 72 h with EM011. After drug-treatment, cells were loaded with the probe DiOC₆(3) (40 nM) for 30 min at 37 °C followed by flow-cytometric analysis as described earlier.¹⁷

2.6. Terminal deoxynucleotidyl-transferase-mediated dUTP nick-end labelling (TUNEL) assay for apoptosis

DNA strand breaks were identified using the TUNEL assay as described.^{17,21} PC-3 cells treated with 25 µM EM011 for 72 h were washed with ice-cold PBS, fixed in 1% paraformaldehyde, and 3'-DNA ends were detected using APO-BrdU TUNEL Assay Kit (Molecular Probes, Eugene, OR).

2.7. Determination of caspase-3 activity

PC-3 cells were incubated with 25 µM EM011 for 0, 12, 24, 48 and 72 h post-treatment. Caspase-3 activity was measured by the cleavage of the small synthetic substrate Z-DEVD-aminoluciferin (CaspaseGlo™ 3/7 Assay Kit, Promega, Madison, WI) that becomes luminogenic upon cleavage. The luminescent signal, which is directly proportional to the amount of caspase-3 activity, was measured using a luminescence plate reader.

2.8. Xenograft model of human prostate cancer

Five- to six-week old male BALB/c nude mice were obtained from NCI (Frederick, MD, USA). For intratibial injections, mice were anaesthetised using ketamine/xylazine/acepromazine, the knee was flexed, and a 28-gauge, 1/2-in., needle was inserted into the proximal end of tibia and 10⁶ PC-3-luc cells in 20 µl were injected directly into the tibial-marrow. Growth of inoculated cells in mouse tibia was monitored by measuring luciferase activity in live mice using the IVIS imaging system (Xenogen Corp., Alameda, CA, USA). Tumours were allowed to grow until they could be detected by the IVIS system, and then, mice were randomly separated into two groups of 10 mice each. The treatment group animals received 300 mg/kg body weight EM011 (dissolved in water, pH 4) daily by oral gavage. The control group animals were treated daily with same volume of vehicle solution. All animal experiments were performed in compliance with the institutional IACUC guidelines.

2.9. Mice imaging

In vivo bioluminescent imaging was conducted on a cryogenically cooled IVIS system using LiveImaging acquisition and analysis software (Xenogen Corp.). Briefly, mice were anaesthe-

tised with ketamine/xylazine/acepromazine and subsequently received an intraperitoneal injection of 50 mg/kg bw (25 mg/ml stock) luciferin potassium salt (Xenogen Corp.) in PBS. The animals were then placed in a light-tight chamber and imaged with a cooled charge-coupled device camera. Images were acquired 15 min after luciferin administration. An integration time of 20 s with four binnings of 100 pixels was used for luminescence image acquisition. Signal intensity was quantified as the sum of all detected photon counts within the lesion.

2.10. Bone marrow collection

At the end-point of control and treatment groups (35 d post-treatment with vehicle and EM011, respectively), bone marrow was collected from the femurs of mice from the control and EM011-treated groups. Animals were euthanised by CO₂ asphyxiation and the skin and muscle tissue were removed from the hind limbs which were then disarticulated from the skeleton. The proximal and distal epiphyses of both femurs were removed, and the femur shafts were placed in 10% phosphate-buffered formalin. Decalcified specimens of bilateral femurs were post-fixed in buffered 10% formalin, dehydrated, paraffin-embedded, stained with haematoxylin-eosin and examined with Olympus BX40 light microscope.

2.11. Histopathologic and immunohistochemical analyses

At the end-point of control and treatment groups (35 d post-treatment with vehicle and EM011, respectively), spleen, small intestines, colon, kidney, liver, brain, heart, and lung were formalin-fixed, paraffin-embedded and 5 µm sections were stained with haematoxylin-eosin. TUNEL staining of tumor tissue sections was performed as previously described.^{17,18}

2.12. Statistical analysis

The mean and SD were calculated for all quantitative experiments using Microsoft-Excel software. The Student's t-test was used to determine statistically significant differences between groups. *p* Values of ≤0.05 were considered statistically significant.

3. Results and discussion

3.1. EM011 shows antiproliferative activity in human prostate cancer cells

EM011 has been shown to significantly inhibit proliferation of lymphoma and breast cancer cells including those that have become resistant to treatment with conventional chemotherapeutic drugs.^{18,20,21} To this end, we first asked if prostate cancer cells responded to the antiproliferative effects of EM011 treatment. A panel of prostate cancer cells with varying degree of metastatic characteristics and variable hormone-dependence were employed. Hormone-independent PC-3 cells, along with three additional cell types with varying metastatic potential, i.e. the parental androgen-responsive non-metastatic LNCaP and its lineage-derived,

androgen-independent (C4-2) and bone-metastatic (C4-2B) cells were used in the study. Since different cell lines due to inherent genetic variability are susceptible to different concentrations of a given drug, IC_{50} of EM011 was determined in each cell type using the sulforhodamine B (SRB) assay. The analyses revealed the half-maximal growth inhibitory concentration of EM011 as 5.6, 7.7, 10 and 12 μ M, for PC-3, LNCaP, C4-2 and C4-2B, respectively (Fig. 1A). In normal prostate epithelial cells, PrEC, EM011 showed an IC_{50} of >100 μ M. This suggested selectivity of EM011 for prostate cancer cells compared to normal epithelial cells (Supplementary Fig. 1).

It was noteworthy that PC-3 cells, which lack endogenous androgen-receptor (AR) expression, were more sensitive to EM011 than LNCaP, C4-2, C4-2B cells, which express various forms of mutated AR and exhibit hypersensitivity to androgen stimulation.³⁴ Recent reports indicate that the microtubule-binding drug, paclitaxel, failed to decrease AR activity in C4-2B cells compared to PC-3 cells.³⁵ Thus, it is likely that the lack of AR expression in PC-3 cells is perhaps responsible for their increased sensitivity to EM011. Although further investigation of the effect of EM011 on AR is currently underway in our laboratory, our data show that EM011 exerts anti-proliferative effect in diverse cellular models of prostate cancer. Furthermore, given the lack of available effective therapies for prostate cancer, our data support the usefulness of EM011 in androgen-dependent and -independent prostate cancer due to its significant antiproliferative effects.

3.2. EM011 impedes cell-cycle progression by causing a G2/M arrest

To next determine the precise cell-cycle stage at which the drug intervenes to cause cell death, fluorescence-activated

cell-sorting (FACS) was employed to quantitatively analyse the cell-cycle profiles of all four prostate cancer cell lines in a treatment time-dependent manner (Fig. 1B). Quantitation of these data showed that drug-treated cells accumulate in the G2/M phase at 24 h post-treatment (Fig. 1C). At 48 and 72 h of treatment, this arrested population declined and there was an emergence of a hypodiploid (<2N) sub-G1 population suggesting extensive DNA fragmentation, indicative of apoptosis (Fig. 1C). The distribution of cell population in the various cell-cycle phases (G0/G1, S, G2/M and sub-G1) for all the four prostate cancer cell lines (PC-3, LNCaP, C4-2, C4-2B) upon 25 μ M EM011 treatment for the noted time points (0, 24, 48 and 72 h) is shown in Supplementary Table 1.

3.3. EM011 perturbs spindle architecture and induces an aberrant mitosis

EM011 binds tubulin with a higher affinity than the parent molecule, noscapine.^{16,19} Having identified that EM011 impedes cell-cycle progression of prostate cancer cells, we next examined the effect of EM011 on the spindle morphology of PC-3 cells using confocal immunofluorescence microscopy. Interestingly, EM011 caused no detectable alterations in the microtubule arrays or nuclear morphology of interphase cells. The LNCaP and LNCaP-derived androgen-independent lines (C4-2 and C4-2B) showed dendrite-like appendages (distinct neuronal appearance) during interphase. Reports indicate that C4-2 cells established by inoculation of LNCaP cells into castrated mice exhibit androgen independency.³⁶ Androgen withdrawal causes androgen-dependent prostate cancer cells to adopt a pronounced neuroendocrine (NE) phenotype, suggesting that androgen-receptor (AR) represses an intrinsic NE transdifferentiation process in prostate cancer cells.

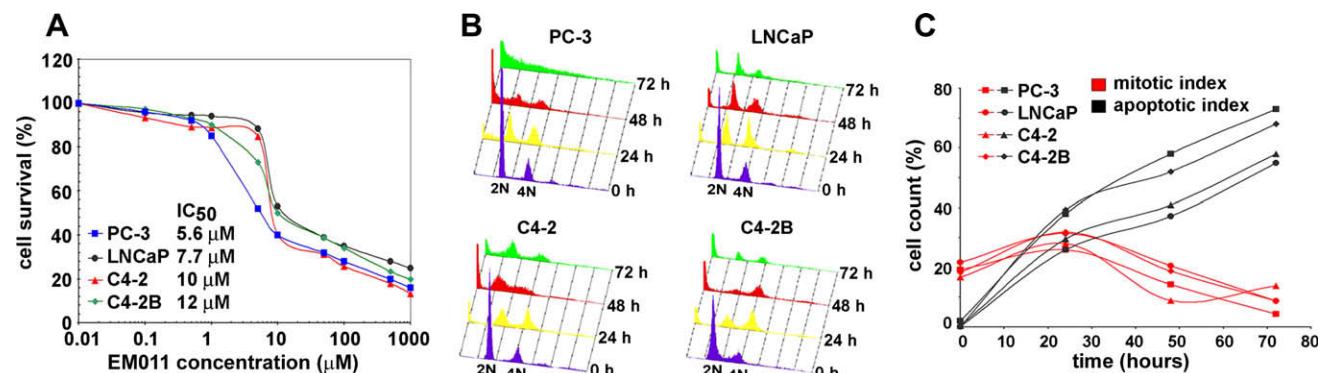


Fig. 1 – EM011 inhibits cellular proliferation and impedes cell-cycle by causing mitotic arrest followed by apoptosis in PC-3, LNCaP, C4-2, and C4-2B cells. (A) Plot of the percentage of cell survival versus EM011 concentrations used for the determination of IC_{50} values. Cells were treated with increasing gradient concentrations of EM011 for 72 h, and the percentage of cell proliferation at the indicated drug concentrations, compared with vehicle-treated cells, was measured by the standard sulforhodamine B assay as described in the Methods section. The IC_{50} values of EM011 for all four prostate cancer cell types are indicated on the panel. (B) The effect of EM011 on the cell-cycle profile of all four prostate cancer cells are shown in a three-dimensional disposition. Cells were harvested for analysis at the indicated times, stained with PI and analysed by fluorescence-activated cell-sorting (FACS) using Cell-Quest Software. The x axis shows the intensity of PI fluorescence, which is indicative of the total DNA content of cells in different cell-cycle phases. The y axis depicts the number of cells in each phase of the cell-cycle and the z axis indicates the time points (0, 24, 48, and 72 h). Results are representative of three experiments done in triplicate. (C) Quantitative representation of mitotic and apoptotic index as a function of time of treatment with 25 μ M EM011.

However, in all cell lines, independent of their androgen-receptor status, there was an accumulation of mitotic cells in prometaphase (white arrowheads) that displayed multipolar spindles at 24 h of drug-exposure (Fig. 2). At 48 h of EM011 treatment, multinucleate cells (open arrowhead) were evident indicating failed cytokinesis (Fig. 2). Apoptotic bodies (white arrows) were also visible at 48 and 72 h (Fig. 2). These microscopy data correlated with the cell-cycle data that showed sub-G1 population indicating presence of fragmented DNA at 48 and 72 h post-treatment.

3.4. EM011-mediated mitotic arrest involves activation of mitotic checkpoint

To ensure the fidelity of chromosome segregation, the mitotic checkpoint monitors microtubule-kinetochore attachment, as well as tension generated across sister kinetochores by a bipolar spindle, before anaphase onset.^{37,38} Since EM011 perturbed spindle architecture and arrested cell-cycle progression, we wanted to next examine if EM011-induced mitotic arrest was accompanied by activation of the mitotic checkpoint. Mad2 and BubR1 are integral components required

for checkpoint function and preferentially localise to kinetochores of unattached chromosomes.³⁷ To assess the integrity of the mitotic checkpoint, we visualised the expression of BubR1 using immunofluorescence microscopy (Fig. 3A). There was a significant increase in BubR1 staining in 24 h EM011-arrested cells. However, BubR1 immunostaining was almost absent in vehicle-treated cells that showed only some weak non-specific staining (Fig. 3A). The expression levels of BubR1 were also confirmed using immunoblotting methods (Fig. 3B). Our results showed that there was an increase in BubR1 expression upon EM011 treatment over time suggesting that drug-treatment activated the spindle-assembly checkpoint in PC-3 cells (Fig. 3B).

3.5. EM011 induces robust apoptosis in PC-3 cells

The execution of apoptosis is characterised by changes in cellular morphology, including membrane blebbing, disruption of cytoskeleton, hypercondensation, fragmentation of chromatin material, and formation of apoptotic bodies.³⁹ Although cell-cycle studies showed an induction of sub-G1 population, EM011-induced apoptotic cell death in PC-3 cells

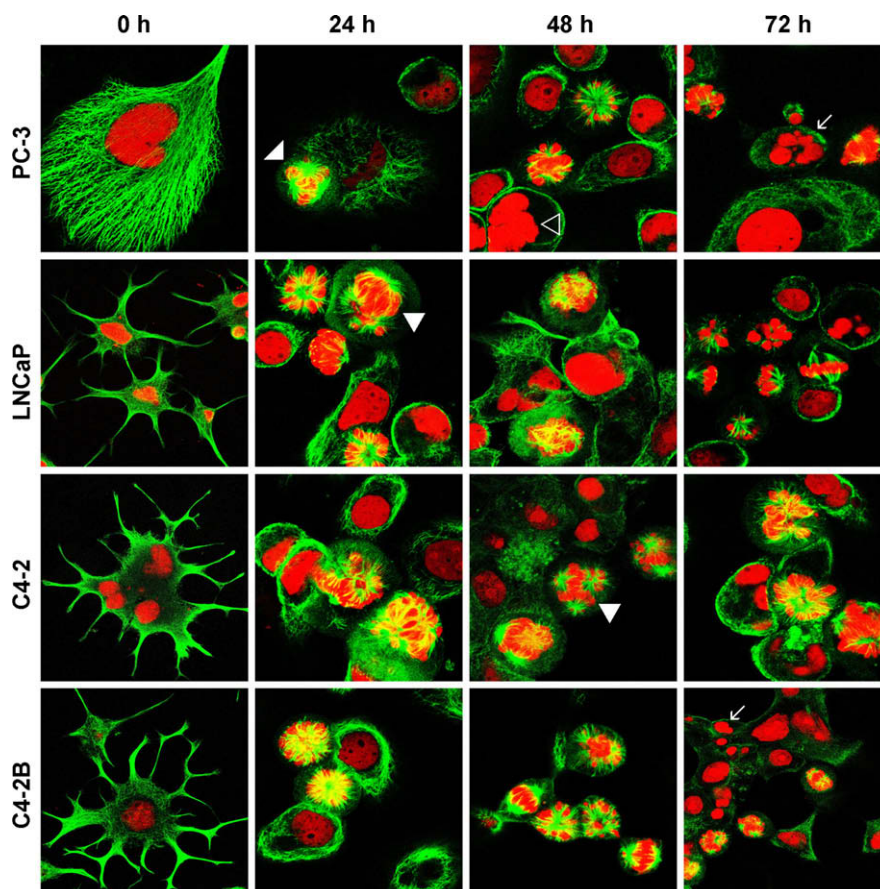


Fig. 2 – EM011 perturbs spindle architecture and manipulates multipolar mitosis. Panel shows immunofluorescence confocal micrographs of prostate cancer cells stained for microtubules (green, FITC) and DNA (red, PI) upon 25 μ M EM011 treatment for noted hours. There was an accumulation of mitotic cells in prometaphase (white arrowheads) with multipolar spindles at 24 h of drug-exposure. At 48 h of EM011 treatment, some multinucleate cells (open arrowhead) were evident and apoptotic bodies (white arrows) were visible at 48 and 72 h. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

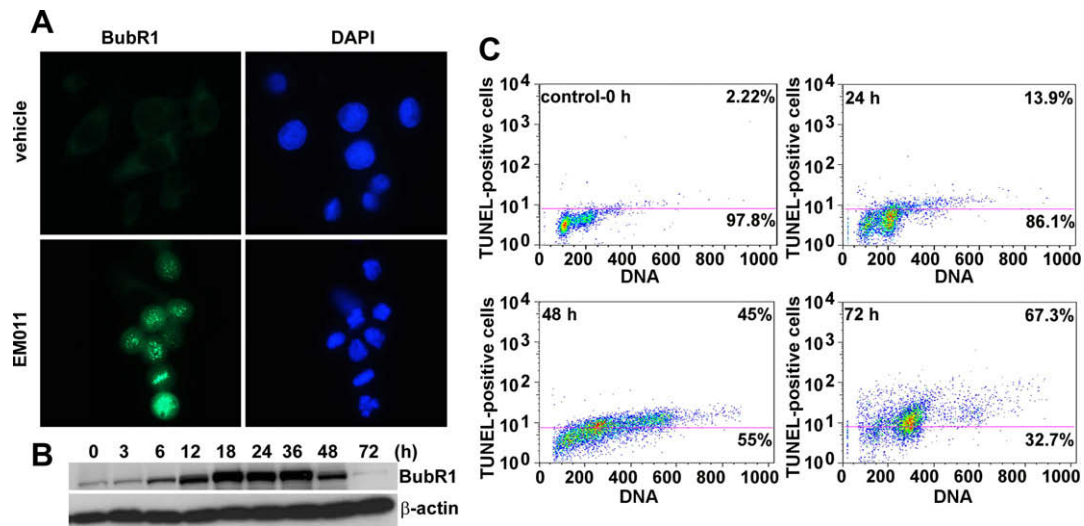


Fig. 3 – EM011 induces activation of mitotic checkpoint. (A) Mitotic arrest is mediated by spindle-assembly checkpoint, as visualised microscopically by immunofluorescent staining of BubR1 (green) at 24 h post-treatment. (B) Immunoblot analysis also showed BubR1 accumulation until 36 h of drug treatment. β -actin was used as a loading control. (C) EM011 treatment for 72 h induces apoptosis in PC-3 cells. Fragmented DNA in the terminal apoptosis stages was quantified using terminal deoxynucleotidyl transferase-mediated bromo-dUTP reaction (TUNEL assay) in EM011-treated cells. After the indicated incubation periods, cells were processed for a flow-cytometry-based terminal deoxynucleotidyl transferase-mediated BrdUTP reaction. The addition of BrdUTP to the terminal deoxynucleotidyl transferase reaction labels DNA strand breaks that are then detected by an Alexa-Fluor 488-labelled anti-bromodeoxyuridine antibody. DNA content was determined using propidium iodide (PI, x axis). The number of apoptotic cells is indicated by the number of Alexa-Fluor 488-positive cells (vales on the top of the cytogram). Data from a representative experiment of two experiments. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

was further confirmed using a flow-cytometry based TUNEL assay that reliably quantitates apoptosis by enumerating cells with fragmented DNA (Fig. 3C). The values presented on cytograms are the percentage of apoptotic cells (top) and normal cells (bottom) (Fig. 3C). There were ~45% TUNEL-positive cells at 48 h which peaked to ~67% at 72 h (Fig. 3C) compared to controls (~2%), suggesting extensive DNA cleavage in PC-3 cells.

3.6. EM011-induced apoptosis essentially requires activation of mitotic checkpoint

EM011 treatment triggered activation of spindle checkpoint in PC-3 cells as evidenced by increased BubR1 expression. This checkpoint activation was perhaps associated with a transient mitotic arrest as confirmed by immunofluorescence and flow-cytometric studies. To determine if activation of mitotic checkpoint was a pre-requisite for the induction of apoptosis, siRNA duplexes for both Mad2 and BubR1 were employed to knock-down the expression of Mad2 and BubR1 in PC-3 cells (Fig. 4A). Knock-down of the spindle checkpoint by Mad2 or BubR1 siRNAs attenuated the ability of EM011 (24 h exposure) to arrest the cell-cycle at G2/M phase (see histogram overlays, Fig. 4B). These data suggested a critical role of the spindle checkpoint in mediating EM011-induced G2M arrest. There was a reduction in the MPM-2 positive population (indicative of mitotic cells) upon siRNA knock-down of checkpoint proteins indicating attenuation of the mitotic population (Fig. 4C). The number of mitotic cells upon a 24 h

EM011 exposure in control (luc-siRNA) was ~51%. However, in BubR1- and Mad2 siRNA-transfected PC-3 cells, the MPM-2 positive population significantly decreased to ~28% and ~26%, respectively, upon a 24 h drug-exposure (Fig. 4C). The mitotic population in BubR1- and Mad2 siRNA-transfected PC-3 cells was lower than the control-(luc-siRNA)-treated cells at all time points (0, 24, 48 and 72 h) studied (Fig. 4D). Since mitotic arrest preceded cell death, we next investigated if attenuation of mitotically-arrested population caused by knock-down of BubR1- and Mad2-affected apoptosis. Interestingly, our results suggested that Mad2 or BubR1 knock-down caused a significant reduction in sub-G1 population in luciferase- (control), Mad2-, or BubR1 siRNA-transfected cells upon EM011 treatment for 72 h (histogram overlays, Fig. 4E). Quantitation of apoptotic cells (percent sub-G1 population) in luciferase- (control), Mad2-, or BubR1 siRNA-transfected cells treated with EM011 for 0, 24, 48 and 72 h is shown in Fig. 4F. Together, these data highlighted the importance of spindle checkpoint activation as a critical determinant of EM011-induced apoptosis in prostate cancer cells.

3.7. EM011 induces a mitochondrially driven intrinsic apoptotic pathway in PC-3 cells

3.7.1. EM011 dissipates mitochondrial transmembrane potential

Our next goal was to gain insights into the apoptotic mechanisms recruited in PC-3 cells upon EM011 treatment to induce cell death. A collapse of mitochondrial potential ($\Delta\Psi_m$) is an

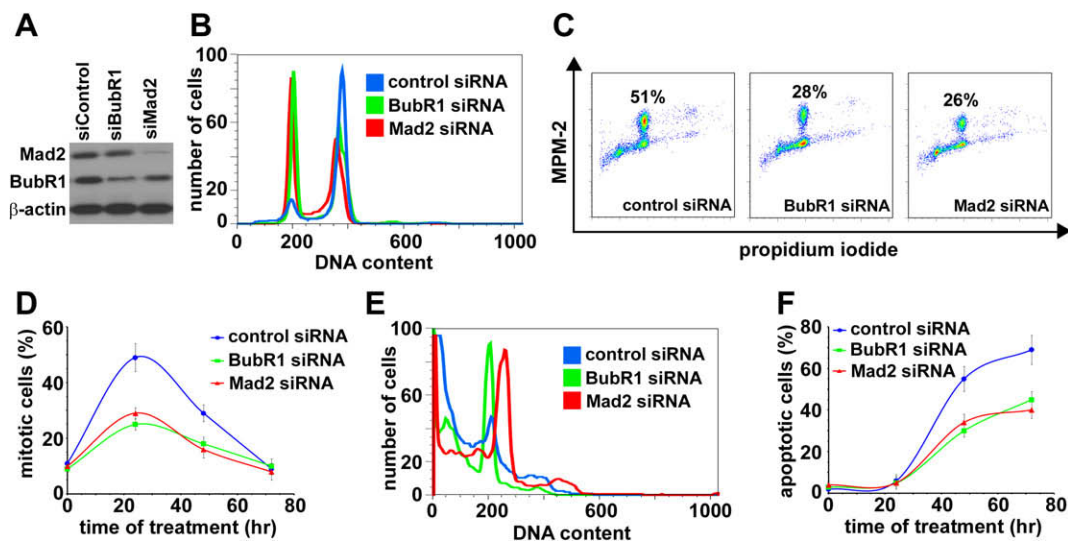


Fig. 4 – EM011-induced apoptosis requires activation of spindle-assembly checkpoint. Impairment of the spindle checkpoint by knock-down of Mad2 or BubR1 expression by specific siRNAs suppresses EM011-induced mitotic arrest and apoptosis. (A) Immunoblot analysis of Mad2 and BubR1 expression in PC-3 cells transfected with luciferase (control), Mad2, or BubR1 siRNAs for 24 h. Cells transfected with Mad2, BubR1, or control siRNAs for 24 h were treated with 25 μ M EM011 for 0, 24, 48, or 72 h. (B) Histogram-overlays of cell-cycle profiles of 24 h drug-treated PC-3 cells that were transfected with luciferase (control), Mad2, or BubR1 siRNAs. (C) Mitotic cells quantified by a mitosis-specific MPM-2 antibody in 24 h drug-treated cells (transfected with luciferase (control), Mad2, or BubR1 siRNAs) using dual-colour flow cytometry. (D) Quantitation of MPM-2 positive cells in luciferase-(control), BubR1- or Mad2 siRNAs-transfected cells that were treated with EM011 for 0, 24, 48 and 72 h. Values represent averages and error bars show SD ($p < 0.05$). (E) Histogram-overlays of cell-cycle profiles of luciferase-(control), BubR1- or Mad2 siRNA-transfected cells that were drug-treated for 72 h depicting differences in sub-G1 population (indicative of apoptotic cells). (F) Quantitation of apoptotic cells (sub-G1) shows that cells with attenuated checkpoint molecules had reduced apoptotic responses at the noted hours (0, 24, 48 and 72) upon drug-treatment. Values represent averages and error bars show SD ($p < 0.05$).

important event in the initiation and activation of apoptotic cascades. Both extrinsically and intrinsically triggered apoptotic mechanisms usually lower mitochondrial potential that is responsible for driving production of ATP.⁴⁰ Alterations in proapoptotic/antiapoptotic balance at the mitochondrial membrane are usually reflected as perturbations of mitochondrial membrane integrity and transmembrane potential. Thus, dissipation of mitochondrial membrane potential upon EM011 treatment was next evaluated using a cationic ampholytic fluorescent dye, 3,3'-dihexyloxycarbocyanine iodide (DiOC₆(3)) in a flow-cytometric assay. While the control vehicle-treated cells showed a single peak, 25 μ M EM011 treatment resulted in a loss of $\Delta\Psi_m$ as evidenced by the appearance of a new peak with a shift in fluorescence due to reduced DiOC₆(3) uptake (Fig. 5A). A quantitative bar-graph depicting the increase in the number of depolarised cells is shown in Fig. 5B.

3.7.2. EM011 treatment alters the expression of Bcl2 family members

The member proteins of the Bcl2 family consist of proapoptotic and antiapoptotic regulators of apoptosis.⁴¹ The established role of each protein is to either protect or disrupt mitochondrial integrity, thereby activating or inhibiting release of downstream factors such as cytochrome c that leads to activation of caspase-3, the key executioner of apoptosis. Bcl2 is a crucial regulator of apoptosis that is overexpressed in many

types of cancer and high Bcl2 levels are associated with resistance of tumour cells to apoptosis induction by multiple anti-cancer drugs.⁴² Phosphorylation of Bcl2 protein is induced on serine residues in tumour cells arrested by microtubule-targeting drugs (e.g. paclitaxel, vincristine, nocodazole) and has been associated with the inactivation of its antiapoptotic function through an unknown mechanism.⁴³ Since BAX and Bcl2 are important players of the Bcl2 family that determine induction of apoptosis, we examined the effect of EM011 treatment over time on the expression levels of pBcl2, total Bcl2 and BAX in PC-3 cells. Immunoblotting data showed that EM011 treatment increased pBcl2 as well as BAX expression over time of drug-treatment (Fig. 5C). The total Bcl2 levels remained unaffected (Fig. 5C). Another Bcl2 member, PUMA binds to Bcl2 and Bcl-X_L and induces changes in mitochondrial membrane potential and caspase activation.⁴³ It has also been reported that expression of PUMA leads to translocation of BAX from cytosol to mitochondria and formation of BAX multimers in the mitochondria.⁴⁴ Our immunoblotting data showed that EM011 induced an increase of PUMA levels until 36 h and there was a decline thereafter (Fig. 5C).

3.7.3. EM011 activates a caspase-dependent apoptosis

The drop in mitochondrial potential eventually leads to activation of terminal cysteine proteases such as caspase-3/7 that can be monitored by a luminogenic substrate. This assay showed a tight correlation of EM011 incubation time and

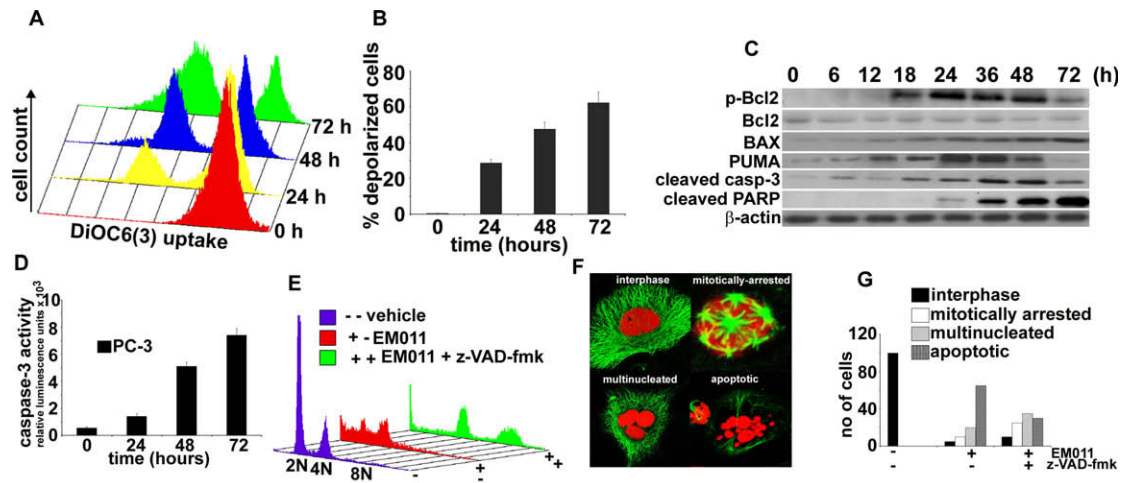


Fig. 5 – EM011 treatment induces a mitochondrial-driven caspase-dependent apoptosis. (A) Mitochondrial potential drop is observed beginning 24 h of 25 μ M EM011 exposure that progressively peaks at 72 h as revealed by FACS-analyses using fluorescent-marker, DiOC₆(3). (B) Quantitation of time-dependent increase in the number of depolarised cells upon 25 μ M EM011 treatment. Values represent averages and error bars show SD ($p < 0.05$). (C) Immunoblot analyses for p-Bcl2, total Bcl2, BAX, PUMA, activated caspase-3 and cleaved PARP over time of EM011 treatment. (D) In the same time-frame, significant activation of caspase-3 activity also occurs as measured luminogenically. (E) Caspase-inhibitor, z-VAD-fmk, along with EM011 treatment for 48 h significantly reduces sub-G1 population while accumulating polyploid cells (green profiles). Cells treated with EM011 alone for 48 h (red profiles) show significant apoptotic population as compared to vehicle-treated controls (purple profiles). (F) Representative confocal immunomicrographs showing interphase, mitotically arrested, multinucleated and apoptotic cells. Tubulin (green) and DNA (red). These cell phenotypes were observed in different magnitudes upon treatment with drug alone or drug along with caspase inhibitor. The 48 h co-treated cells show a larger proportion of cells with multipolar mitosis and multinucleation with excess DNA amounts. EM011-alone treated cells show preponderance of apoptotic bodies. (G) Quantitation of these different cell phenotypes from random image fields totalling 100 cells in 48 h PC-3 cells treated with vehicle, EM011, z-VAD-fmk, EM011+ z-VAD-fmk. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

caspase-3 activation (Fig. 5D). Since several drugs can kill cells by non-apoptotic phenomena such as by necrosis,⁴⁵ that does not perhaps require caspases, it was necessary to show a direct link between caspase activation and cell death. To this end, PC-3 cells were co-treated with EM011 and Z-VAD-fmk, a pharmacological inhibitor of caspase activity. In contrast to 48 h EM011-alone-treated cells (red profile), co-treated cells (48 h) showed accumulation of multinucleated polyploid cells (upto 8 N DNA, green profile, Fig. 5E). Shown in purple are vehicle-treated cells with normal cell-cycle (Fig. 5E). Similarly, immunofluorescence confocal microscopy results also corroborated these data, in that the 48 h co-treated cells showed accumulation of multipolar and multinucleated cells while cells treated with EM011 alone showed several apoptotic bodies indicating induction of apoptosis. In contrast, control vehicle-treated cells showed a predominance of interphase cells. The above-described cell phenotypes (interphase, multipolar, multinucleate, apoptotic) are represented in Fig. 5F. Quantitative analyses were in concordance with confocal microscopy observations (Fig. 5G). Thus, these data suggested that EM011-induced caspase-dependent apoptosis in PC-3 cells. To confirm activation of apoptotic effector caspases, cleavage of poly(ADP-ribose)polymerase (PARP) from its 116 kDa pro-form to its 89 kDa active form, a caspase-3 dependent event, was monitored. Immunoblotting data showed a time-dependent increase in cleaved PARP, a reliable marker of apoptosis (Fig. 5C).

Although our data showed that EM011 has an IC₅₀ of 5.6 μ M in PC-3 cells, the drug induced apoptosis at a much higher dose (25 μ M) than the IC₅₀ values. This may perhaps be ascribed to the distinction between the ability of the drug to suppress cell proliferation (i.e. the rate of cell division) and induce apoptosis (increase programmed cell death). The molecular determinants of cell proliferation and apoptosis are cell type- and drug- dependent.⁴⁶ In the context of EM011, the suppression of cell proliferation by 50% occurred at a much lower concentration range than induction of apoptosis. We did not observe optimal apoptosis at lower concentrations (5–10 μ M) in PC-3 cells (data not shown). Further insights into the signalling cascades that set into action upon drug-exposure and regulate cell proliferation and apoptosis will perhaps be critical to delineate the dose dependency of these two processes. However, we do not discount the possibility that the drug's action to be cytostatic (to reduce cell proliferation) or cytotoxic (to induce apoptosis) may also depend on the cell-cycle phase in which the drug acts and the cellular context.

3.8. EM011 causes inhibition of tumour growth in intratibial prostate cancer xenografts

We have earlier reported the effectiveness of EM011 in regressing human xenografts of lymphomas and breast cancers in nude mice models.^{17,18,21} Since prostate cancer is inherently tougher to treat because of its aggressive and

invasive nature, we next examined if the anticancer activity of EM011 extended to the less-treatable prostate cancer. A previously developed PC-3 human hormone-independent prostate cancer cell line that stably expresses luciferase (PC-3-luc) was chosen since it enables visualisation and monitoring of prostate cancer growth non-invasively in real-time.⁴⁷ This optical-imaging technique offered the ability to not only monitor and quantify tumour growth and metastases in real-time in the whole animal, but also follow responses to EM011 treatment in longitudinal studies using the same cohorts of mice (Fig. 6A). In vehicle-treated control animals, the tumours showed unrestricted progression (Fig. 6B). In contrast, oral treatment with EM011 at 300 mg/kg showed a time-dependent inhibition of tumours at 35 d (Fig. 6B), though significant regression was evident as early as 14 d post-treatment (Fig. 6B). Quantification revealed a ~69.5% reduction in tumour volume at a confidence level of $p < 0.05$ ($n = 10$, Fig. 6B) on day 35 compared to vehicle-treated controls. Thus, *in vivo* experiments suggested that EM011 was effective in inhibiting growth of PC-3 cells in the bone, perhaps by interfering with mechanisms that dictate cellular proliferation and apoptosis. The current study employs PC-3 cells, which in most systems produce bone tumours that are predominantly osteolytic. The PC-3 model, however, does not include an element of osteoblastic activity.

To next determine if apoptosis was in fact responsible for *in vivo* tumour reduction, TUNEL staining was performed on tibial-sections from mice on day 21 post-treatment. Correlating with the timing of maximal rate of tumour inhibition, numerous TUNEL-positive cells were evident in tibial-marrows from EM011-treated mice (Fig. 6C). Vehicle-treated controls, however, showed occasional TUNEL-positive cells

(Fig. 6C). Furthermore, there was a high expression of cleaved caspase-3 (Fig. 6C) in the remaining small regressed tumours from the EM011 treatment group indicating induction of apoptosis.

3.9. EM011 does not cause any pathological abnormalities

Chemotherapeutically or radiotherapeutically treated prostate cancer patients usually suffer toxicities in many tissues, particularly, tissues with actively proliferating cells.¹³ Unlike currently available tubulin-binding agents employed in prostate cancer chemotherapy, EM011 turns out to be a well-tolerated, orally-available drug with no apparent toxicity. There were no detectable differences in the histological appearance of tissues including spleen, small intestine, colon, kidney, liver, brain, heart, and lung from vehicle- and EM011-treated tumour-bearing mice (Supplementary Fig. 2). To determine whether EM011 treatment affected the proliferation of normal tissues with rapidly proliferating cells, colonic crypts from drug-treated and vehicle-treated mice were stained with Ki67, a marker for proliferative index. We found that colonic crypts from drug-treated mice and vehicle-treated controls showed comparable nuclear Ki67 staining (Supplementary Fig. 3). Additionally, Ki67 staining was also observed in the follicles of the native lymphoid aggregates of colonic mucosa, consistent with continuing lymphoid cell proliferation in these drug-treated mice (Supplementary Fig. 4). These data suggested that EM011 did not affect normal tissues with frequently proliferating cells. Furthermore, histological evaluation of bone marrow from EM011-treated mice showed no evidence of any toxicity upon 300 mg/kg drug-treatment. Normocellular bone marrow, exhibiting trilineage progressive

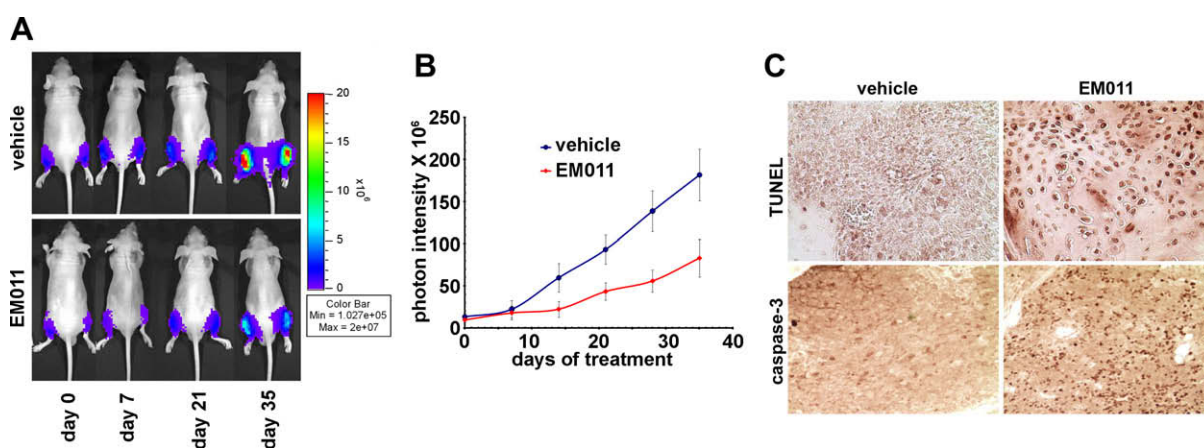


Fig. 6 – Bioluminescent imaging shows tumour reduction of PC-3 intratibial xenografts upon EM011 treatment for five weeks. Cold (blue) colours indicate low photon counts whereas hot colours (red) show high counts. (A) Top-panel shows representative mice and their tibial bioluminescence indicating progression of tumour growth in control vehicle-treated mice. Bottom-panel shows mice treated daily with 300 mg/kg EM011 by oral gavage. Note that a significant decrease of photon pixels was visible at day 35 of EM011 treatment. A steep upward transition of tumour growth occurs at day 21 in vehicle-treated mice. (B) Quantitative evaluation of photon emission, thus, tumour burden. Stars represent significance at $p < 0.05$, $n = 10$. (C) Paraffin-embedded tibial-sections from vehicle-treated and 21 d EM011-treated mice were processed for TUNEL assay to visualise apoptotic cells. In contrast to controls, numerous TUNEL-positive cells were visible in EM011-treated sections. Significant cleaved caspase-3 immunostaining is also evident in sections from drug-treated mice compared to vehicle-treated controls. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

haematopoiesis was observed in drug-treated mice. In addition, there was no evidence of marrow hypoplasia, dyspoiesis, necrosis, or fibrosis in EM011-treated mice (Supplementary Fig. 5). Another major concern of antimicrotubule therapy is neurotoxicity perhaps due to the extreme effect of these drugs on microtubular trafficking in neurons leading to impaired axonal transport and peripheral neuropathies. Recently, our laboratory has shown that EM011 does not exert any neurotoxicity compared to taxotere using electrophysiological, behavioural and pathological measures in mice models.³²

Although the present study showed that EM011 inhibits cellular proliferation, impedes cell-cycle progression by activating the mitotic checkpoint, induces a multipolar mitosis followed by mitochondrially mediated caspase-dependent apoptosis, several intriguing questions remain to be investigated. It is indeed interesting that subtle modulation of the dynamics of cellular polymers, microtubules, without major alterations of the monomer/polymer ratio of tubulin,^{32,48} can lead to selective apoptosis of prostate cancer cells and can perhaps form the basis for reduction of tumour burden. Perhaps, cells of healthy tissues, due to built-in cell-cycle checkpoints, halt the cell-cycle upon sensing problems in microtubule dynamics.⁴⁸ On the other hand, cancer cells although seem to detect errors and arrest transiently, the arrest is not durable due to mutational lesions in checkpoint genes. Furthermore, EM011 manipulates an aberrant multipolar mitosis, which does not culminate in normal cytokinesis; rather mitotically arrested cells probably slip out of mitosis into multinucleate cells that were evident at about 36–48 h of drug-treatment. It seems likely that these multinucleate cells initiate apoptosis or continue to cycle thus accumulating further DNA amounts before triggering apoptosis. Based upon these data, we conclude that EM011 is a safe orally available microtubule-interfering therapeutic agent that warrants further evaluation for prostate cancer treatment.

Conflict of interest statement

None declared.

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Appendix A. Supplementary material

Supplementary data associated with this article can be found, in the online version, at [doi:10.1016/j.ejca.2010.02.017](https://doi.org/10.1016/j.ejca.2010.02.017).

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